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Dear Parent, Guardian, and/or Caregiver:

Shrewsbury Youth and Family Services, Inc. (SYFS) is pleased to announce the continuing success of our innovative Afterschool Program, called the L.I.F.E. (*Learning Individual Future Empowerment*) Program. This program, facilitated with cooperation from Oak Middle School, is designed to serve middle-school age adolescents needing a safe, fun, and educational place during afterschool hours. **The LIFE Program will provide services for middle-schoolers from 2:30pm-6:00pm.** Here are the details:

WHAT...

...is the "LIFE Program"? It is an effective afterschool program designed to serve middle school age adolescents who may need extra support, structure, and access to positive activities during afterschool hours. The program will provide a variety of fun, educational groups; structured activities promoting positive development; and access to professional counselors & other positive adult role models.

WHO...

...can be referred to this program? Any middle school age child. Children wanting to enhance their social and leadership skills, and who exhibit a need for structured, positive activities during afterschool hours are encouraged to apply.

...are the staff members running this program? This program is facilitated by clinically trained psychology and social work counselors. All counselors have experience working with youth in similar capacities (camps, school-based programs, groups, etc.).

WHEN...

...does this program operate? The LIFE Program will operate **Tuesday through Thursday, 2:30pm-6:00pm**, starting on October 3rd, and running through the school year. Parents / caregivers are responsible for pick up of children promptly at 6:00pm.

WHERE...

...does the LIFE Program operate? The LIFE Program will operate in **Rooms 153** at OAK MIDDLE SCHOOL.

WHY...

...should you consider your adolescent for this program? This program will be small, focused, and attentive to each child's needs. Specific groups and activities will address specific issues (e.g. conflict resolution, anger management, social skills/leadership development, appreciating diversity, etc.). Parents/caregivers/referral sources are given progress reports on the goals formulated for each participant. Visit our website, www.shrewsburyyfs.org for testimonials from parents whose children enrolled last year.

HOW...

...much does this program cost? Tuition for this program is \$35 per week, per child (sliding fee and scholarships available).

...do you refer a child to this program? You can contact your school guidance /adjustment counselor, school administrator, or SYFS staff directly at 508-845-6932 (or visit www.shrewsburyyfs.org). Please feel free to contact us for more information!

Jeffrey Ekin, MSW – Executive Director, SYFS, Inc.

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