



**Strengthening Shrewsbury's
Families Since 1983**

**FOR IMMEDIATE RELEASE
November 22, 2004
Shrewsbury, Massachusetts**

Contact Information:

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Shrewsbury Youth and Family Services, Inc. (SYFS), the town of Shrewsbury's only private, nonprofit community counseling and education agency, is providing the second workshop in its ***Community Education Workshop Series***.

This workshop, titled *Coping With The Loss Of A Loved One This Holiday Season: Discovering Strength, Hope, and Meaning*, will be facilitated by Terri Philbrick, LICSW, a renowned grief and loss specialist. This workshop will be held on **THURSDAY, DECEMBER 9, 2004 FROM 7PM-8:30PM AT SHREWSBURY HIGH SCHOOL (PRESENTATION ROOM)**.

This workshop is free to the public, and will have an accompanying manual / handout book for participants for a \$5 fee. There will be free childcare for families with young children, wishing to attend. SYFS strongly encourages folks to pre-register for this workshop by calling 508.845.6932, or emailing scs1@townisp.com.

SYFS will be providing a series of community education workshops focusing on social and family-based issues for the public throughout the academic year.

Attached is the flyer describing this particular workshop.